



# MONIFIETH SWIM CLUB

## Newsletter - May 2011

There are lots of events happening again in the near future, so to keep up to date please check the notice board, your emails and with the coaches. We will do our best to keep everybody up to date with as much information as possible.



### Training Session Times:

<u>Day</u>	<u>Time</u>	<u>Location</u>	<u>Age Group</u>
Monday	4.15pm-5pm	@ Monifieth High School	Minnows/10yrs and under
	6.30pm-7.30pm	@ Gardyne Road	13 years and over
Tuesday	4.15pm-5pm	@ Monifieth High School	12 years and under
	5pm-6pm	@ Monifieth High School	13 years and over
Wednesday	7pm-8.45pm	@ Monifieth High School	13 years and over
Thursday	4.15pm-5pm	@ Monifieth High School	12 years and under
	5pm-6pm	@ Monifieth High School	13 years and over
Friday	5pm-6pm	@ Gardyne Road	13 years and over
Saturday	9am-10am	@ Monifieth High School	13 years and over
	10am-11am	@ Monifieth High School	12 years and under
	11am-11.45am	@ Monifieth High School	Minnows
Sunday	6.30pm-8pm	@ Arbroath High School	13 years and over or by invitation

Age Groups are a guide only, please speak to coaches if you need more information.



### Dates for Your Diary:

(Please check the notice board at MHS for more details)

May 21 <sup>st</sup>	1 <sup>st</sup> Division Gala @ Arbroath (Hosted by Monifieth)
May 27/28/29 <sup>th</sup>	Midlands Distance Gala @ Olympia
June 4 <sup>th</sup>	Grange Primary Summer Fayre 10am-12noon (MSC to have stall)
June 5 <sup>th</sup>	'Stars of the Future' Gala @ Olympia
June 5 <sup>th</sup>	No Sunday Training (Angus Squad)
June 8 <sup>th</sup>	Closing date for entries to Aquathon
June 18 <sup>th</sup>	Aquathon @ Monifieth High Starts 8.30am
June 19 <sup>th</sup>	Angus Clubs Gala @ Arbroath
June 26 <sup>th</sup>	MSC Fun Gala @ Arbroath
June 27 <sup>th</sup>	(Monday) Last swimming session before summer holidays at Gardyne Road
June 30 <sup>th</sup>	(Thursday) Last swimming session at MHS
August 21 <sup>st</sup>	(Sunday) First session after summer holidays
August 28 <sup>th</sup>	Family BBQ at Crombie Park
August 28 <sup>th</sup>	No Sunday training
Sept 10 <sup>th</sup>	Division 1 Gala @ Perth (Hosted by Perth)
Sept 30 <sup>th</sup>	Family Quiz Night
Nov 12 <sup>th</sup>	Division 1 Gala @ Olympia (Hosted by DCA)

### Monifieth S.C. Website

Could you please ensure that you register with the website to receive updates as they are posted in the news section. These may include any gala details, fundraising events, socials and other events/information. Registering for these updates is done by clicking on 'email list', typing in your email address along with the encrypted code.

We also have a Facebook page, which is in its infancy. This may be more appropriate for our older swimmers/parents and will hopefully provide another method of communication.

### Reminders

- As we rely a lot on emails to pass on information to parents/swimmers, please make sure that the club has a current email address.
- Please remember to check emails re training sessions, as MHS pool has had to close at short notice recently and sessions have had to be cancelled. It is also important for parents to come into MHS pool with their child to ensure that the session is on and not drop off swimmers in the car park.
- Coaches have asked that swimmers ensure that they are ready on poolside at session 'start times.' This will avoid disrupting a session which has already started by coming in late.
- Swimmers are also required to bring a spare pair of goggles in case something happens to their main pair.
- **All** swimmers are required to shower and remove **all** make-up before entering pool. This will help keep pools clean as well as help with chlorine levels.
- Please remind all swimmers not to leave anything of value in the changing rooms. Anybody who comes into the pool area has access to the changing rooms. If you need to bring your phone etc please make sure it is placed in the secure box which is kept on poolside.

### Training Courses

Various training courses are being arranged for various groups within the swim club. Details/interested parties should speak to committee. These courses include:

- CPO Training for Poolside Helpers
- Bronze Life Saving Training for all interested Coaches/Helpers
- Time Keeping Training for all interested (Aged 14+)
- 'Safe Hands' Advanced CPO Training

Other training courses will be available - details to follow.

### Congratulations!!!

**Grove Academy** held their annual gala at which MSC was well represented.

Winners included:

S1 Boys	2 <sup>nd</sup> - Christopher Burns
S2 Girls	1 <sup>st</sup> - Louise Bryant
	2 <sup>nd</sup> - Amy Bryant
	3 <sup>rd</sup> - Shonagh Howe
S2 Boys	1 <sup>st</sup> - Peter Sharkey
S3 Girls	1 <sup>st</sup> - Jessica Henderson
	2 <sup>nd</sup> - Lesley Nicholson

Amy Bryant and Shonagh Howe were selected to play **Water Polo** for Scotland under 17s Team in British Inter-District Tournament.

### Carnegie Graded Championships at Glenrothes on 30/4 & 1/5

MSC was very well represented at this Gala with our swimmers entering over 59 events and brought home the following:

1x Gold	Mats Cole
3x Silver	Eve Prescott
	Martin D'All x2
4 <sup>th</sup> Place	Sarah Wilkinson
	Eve Prescott
5 <sup>th</sup> Place	Eve Prescott x2
6 <sup>th</sup> Place	Kirsty Hunter
	Eve Prescott

Our swimmers left the gala with 37 PBs and NOT A SINGLE DQ!!!!!!

## Angus Schools' Gala

We had a strong representation from MSC with the following swimmers competing:

Anna Hutvagner, Elli Stewart-McLeod, Kirsty Wilkinson, Sarah Wilkinson, Yannah Lamb, Georgia McNaughton, Eve Prescott, Greg Fleming, Martin D'All and Will Prescott.

Well done to all!!!!

## Ist Division Results

After two galas the league table looks like this:

First Division	Galas					Points
	1	2	3	4	5	
Blairgowrie	0	4				4
DCA 2	3	2				5
Kinross 2	4	1				5
Perth City	0	5				5
<b>Monifieth</b>	<b>5</b>	<b>3</b>				<b>8</b>

The next 1<sup>st</sup> Division Gala is on 21<sup>st</sup> May at Arbroath and will be hosted by Monifieth. Because we are the hosts we have the opportunity to have swimmers in the spare lane. So check the notice board at MHS for full details.

## Fundraising

As a club who prides itself in keeping the fees down, we need to carry out fundraising activities to ensure that the club manages to stay afloat. We arrange a number of event through the year which need your support. One such fundraising activity is the Saturday Lottery **Bonus Ball** where you pay £1 for a ball and if that number is drawn by the National Lottery you win £25. We currently have 26 numbers sitting on the shelf looking for someone to adopt them. If you are interested in adopting a number and giving it your name, please speak to Lesley Wilkinson who can be found in the area of the cabinets at MHS pool on a Saturday morning from about 9.45-11.45am, or contact by email on [lslyfrnk@blueyonder.co.uk](mailto:lslyfrnk@blueyonder.co.uk)

MSC will have a stall at **Grange Primary Summer Fayre** on 4<sup>th</sup> June 10am – 12noon. If you are able to help please speak to Lesley Wilkinson.

**£50 Note** - All swimmers should now have been issued with their entry sheet on which they have to sell 5 guesses for the serial number on the £50 note that the bank sealed in an envelope for us. (5 guesses per sheet). If you need more sheets please ask Ally or Angus. The swimmer who has the winning entry on their sheet wins the £5 they raised from the sheet.

## Other Events

We are going to hold a **Fun Night/Gala** on 26<sup>th</sup> June at Arbroath Pool. This is for all swimmers who are registered with the club, including the Minnows and will be an opportunity for all to have some fun. This was a really popular event last year and we hope to make it even better this year. See noticeboard at MHS for full details.

We are also having a **Family BBQ** at Crombie Park on Sunday 28<sup>th</sup> August. Again we held this last year and everyone had a great time. Everyone is invited and we have hired a marquee(so we don't have to worry about the weather) and we will also have the BBQ. All you need to do is bring what you want to cook on the BBQ.

There is always an opportunity to speak to a member of the committee about anything to do with MSC on any Saturday morning in the area outside the pool at Monifieth High. Please take this opportunity to get any of your queries answered or to make any suggestions for the club. Committee members are there from 9.45am to the end of the sessions.

**Happy swimming!!!**